

Learn something new!

An adult male gorilla eats up to 18 kilograms of food each day.

D U B L I N



EAT LIKE BANGUI!



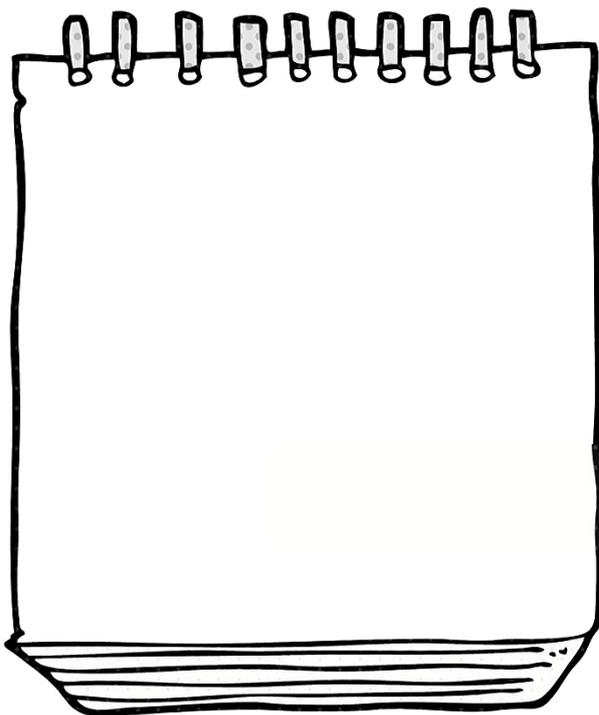
Bangui the gorilla has a really healthy diet that includes plenty of colourful vegetables like peppers, tomatoes, broccoli, berries and lettuce.

Can you design a healthy snack or meal using as many colourful vegetables as possible? Just like the ones that Bangui eats to keep him strong and healthy!

Why not make a rainbow plate of healthy food and design it into fun art of animals or habitats that animals live in!

STEP 1: Think up ideas of what you are going to make.

Which colourful vegetables or fruit will you include? What animal or habitat can you create on the plate with all those colours? If you have any recipe books at home, have a look in them for inspiration.



STEP 2: Write a shopping list for what you will need to create your snack or meal.

E.g.
1 yellow pepper,
2 tomatoes,
1 lettuce

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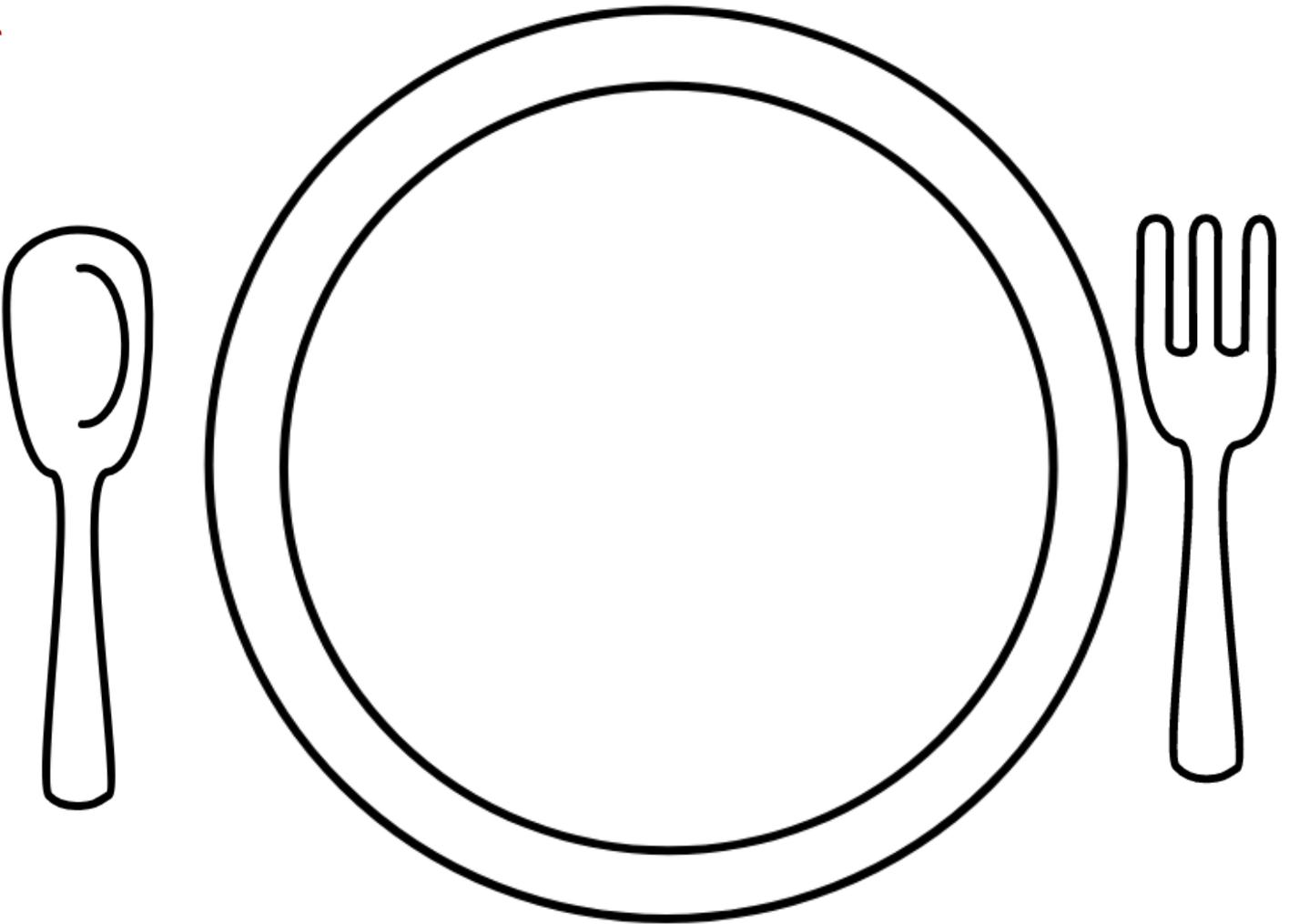
A group of gorillas living together is called a 'troop'.

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STEP 3: Draw a picture of what your snack or meal will look like



Describe what you have made.
